



# HYDROTHERAPY

**The Williams Island Therapeutic Swimming and Recreation Center provides hydrotherapy for people of all ages, aiming to improve the individual's all around functioning – physical, emotional and social. Beit Issie Shapiro (BIS) pioneered hydrotherapy in Israel in 1992, and has since become a standard-setter in this field, leading to the formal recognition of hydrotherapy by the Israeli State authorities, the establishment of 120 hydrotherapy pools throughout the country, the training of over 1,000 hydrotherapists, as well as conducting academic-level research with associated published articles.**

Hydrotherapy is medically proven to benefit people with many types of disabilities, ranging from motor disabilities, cerebral palsy, through to orthopedic difficulties and stroke damage. The water also provides

psychological benefits to many people, especially children – enhancing their sense of well-being and promoting therapeutical goals in an environment of enjoyment and relaxation.

## Consultation and Training

- Providing existing aquatic center's staff knowledge on treatments for children and adults with developmental, cognitive and physical disabilities
- Refurbishing or establishing a new aquatic center that can serve as a fully-equipped hydrotherapy center for the treatment of people with the entire range of disabilities and rehabilitation services, including more severe physical disabilities
- Social inclusion programs – the pool as a tool for bringing the community together - breaking barriers and stigmas

## To learn more, please contact

BIS's Global Professional Development Department at [consulting@beitissie.org.il](mailto:consulting@beitissie.org.il).



**Beit Issie Shapiro**

Changing the lives of people with disabilities

On the Willie & Celia Trump Campus